

# HEALTH & FITNESS



FOR BODY / FOR SPIRIT / FOR MIND / FOR STRENGTH / FOR ENERGY / FOR LOVE / FOR ATTITUDE / FOR FAMILY / FOR STAMINA / FOR DRIVE / FOR VITALITY / FOR HAPPINESS / FOR YOU

## Fitz Club

- RACQUETS, HEALTH & FITNESS -

### Single Membership

Price (THB)

1 Year	39,000
6 Months	26,000
3 Months	15,000
1 Month	6,000
15 Days	3,750

All rates are quoted in Thai Baht and are subject to 7% government VAT

### Dual Membership

Price (THB)

1 Year	75,000
6 Months	46,000
3 Months	27,000
1 Month	11,500

### Group Membership

Price (THB)

(maximum of 4 persons)

1 Year	140,000
6 Months	79,000
3 Months	50,000
1 Month	19,500

### Family Membership

Price (THB)

(maximum of 2 adults and 2 children under the age of 14 years old)

1 Year	85,000
6 Months	70,000
3 Months	45,000
1 Month	18,000

### 1 Day-pass

Price (THB)

Per person for all facilities except Tennis, Squash and the use of Multi-Purpose Court.	700
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### Fitz Club Referral Program

Get fit, have fun, and earn rewards! The Fitz Club referral programme is a great way to help your friends, family, colleagues and the community join the fitness journey and earn great rewards.

Here's how it works: refer a friend/colleague to our sports club by informing our reception staff. You'll earn special rewards and benefits if they sign up for 6 months or a 1-year membership programme. Please speak with our Fitz Club reception to get more details.

So, what are you waiting for? Start referring today and earn rewards for yourself and help others get healthier.

### Benefits and Privileges for members

- Complimentary personal fitness assessment.
- 1 Hour free Personal training session.
- 10% discount on all massages & treatments at Cliff Spa except for promotions/packages.
- 10% discount on our best online room rates at Royal Cliff. Please make your hotel booking with the Fitz Club reception.
- 10% discount on food and beverage in all Royal Cliff's dining outlets (excluding bakeries, room service and promotional menus).
- Members are entitled to use the swimming pools and private beaches at the Royal Cliff Hotels Group from Monday to Friday (except for the Royal Wing swimming pool and beach).
- Priority to enter Fitz Club sporting events with additional discounts.

### Facilities

State-of-the-Art Gym Equipment  
Free Weights | Aerobics Dance Studio | Free-form Swimming Pools  
Jacuzzi Pool | Pool Bar | Kids Pool & Water Slides  
Underwater Scooters | 7 ITF Masters standard Tennis Courts  
2 Pickleball Courts | Futsal | Basketball | 2 Air-condition Glass Back Squash Courts | Infrared Sauna and Steam Rooms | Jogging Track  
Fitness Classes | Intro to Yoga & Thai Boxing Classes  
Table Tennis | Restaurant | Changing Rooms with Lockers  
Shower Amenities